



A MULTICARE HEALTH SYSTEM AND TRA MEDICAL IMAGING PARTNERSHIP

# RADIOLOGY ORDERING GUIDE

#### **GUIDING PRINCIPLE - MISSION - VALUES**

#### **OUR GUIDING PRINCIPLE**

Patients come first.

#### **OUR CORE VALUES**

Compassionate Care Accountability and Integrity Respect Excellent Service

#### **OUR MISSION**

Deliver the highest quality medical imaging services to you and your family through teamwork, empathy, and innovation.

Trust our family to care for yours.



# **CONTACT INFORMATION**

#### TRA MEDICAL IMAGING

Scheduling (Pierce County)	253-761-4200
Scheduling Fax (Pierce County)	253-761-4201
Scheduling (Thurston County)	360-413-8383
Scheduling Fax (Thurston County)	360-413-8323
Billing:	888-350-2006
Prior Authorization Specialists	253-680-3444
Medical Records	253-761-4200 Opt. 4

#### tranow.com

#### **DIAGNOSTIC IMAGING NORTHWEST**

Scheduling	253-841-4353
Scheduling Fax	253-446-3973
Billing:	888-350-2006
Prior Authorization Specialists	253-680-3444
Medical Records	253-841-4353 Opt. 4

#### dinw.com

#### STREAMLINED ACCESS FOR PROVIDERS

To connect with a radiologist any time, call: 253-761-4200, Opt. 1

#### **DID YOU KNOW?**

TRA and DINW offer multiple options for streamlining care with electronic integration options.

#### **BI-DIRECTIONAL INTERFACE**

We are pleased to offer bi-directional EMR interface integration to referring clinics who are interested in a higher level of connectivity with our radiology practice. By interfacing with us, referring providers will have the ability to send us orders electronically and receive imaging results directly into their electronic medical records as soon as they are available.

This is an ideal solution for clinics who primarily use TRA/DINW facilities for their patients' imaging and whose EMR vendor has bi-directional capability.

#### Benefits of Interfacing:

- •Replaces faxed orders with secure electronic transfer of patient sensitive data
- •Replaces faxed or mailed reports with secure electronic transfer of patient sensitive data
- •Imaging results are submitted electronically, automatically and in real-time, directly into the patient's chart
- •Improves response time and quality of care for patients

#### **DIGITALONE ORDERS CADDY**

We are excited to offer a solution to those clinics whose EMR vendor doesn't have bi-directional capability, or who don't send a lot of imaging referrals but still want an electronic option. Orders Caddy from Digital One allows practices to send orders straight from their EMR to our scheduling system and can log into a dashboard to see a repository of the orders that have been place, as well as the final reports.

#### Benefits of Orders Caddy:

- •Replaces faxed orders with secure electronic transfer of patient sensitive data.
- •Reduces the time it takes to receive the referral and for a call to go out to the patient to schedule by at least 2 business days.
- •Track the referrals you've sent.

Email marketing@tranow.com for more information!

#### TRA & DINW MOBILE APPLICATION

#### INTRODUCING TRA & DINW MOBILE

We have created a virtual platform to streamline the patient experience. Now patients can download our mobile app to schedule or change appointments, check in for their exam, complete registration forms, pay their bill, and view their imaging results!

We want to make the transition from scheduling through the phone to online as easy as possible. That's why we have created an easy workflow for patients to complete everything they need for their appointment!

#### **DOWNLOAD TRA MOBILE**

**IOS QR CODE** 



#### **ANDROID QR CODE**



#### DOWNLOAD DINW MOBILE

**IOS QR CODE** 



#### **ANDROID QR CODE**



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The information in this guide is for reference only. This does not imply protocol standards for all radiology facilities. Information is subject to change. For the most current information, visit **tranow.com/ordering-guide**.

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#### **RISK FACTORS FOR BREAST IMAGING**

Consider performing breast cancer risk assessment for all women at age 25.

#### **AVERAGE RISK WOMEN:**

- Start conversation at age 40 to begin screening mammography.
- The American College of Radiology recommends beginning annual screening mammography at age 40. Discuss with your patient regarding the most appropriate screening regimen.

# **HIGH RISK WOMEN:** (Lifetime risk 20% >: known gentetic mutation i.e. BRCA 1/2 and/or previous chest wall radiation)

- Annual screening mammography at age 40 or 10 years prior to age of diagnosis in first degree relative.
- Annual breast MRI.
- No role for screening breast ultrasound unless patient cannot tolerate MRI.

#### **RISK FACTORS FOR BREAST CANCER:**

- Obesity
- Tobacco use
- African American race
- Gene mutation (BRCA, p53, Chek2)
- Atypia found on previous breast biopsy
- · Chest wall radiation
- · Personal history of breast cancer

#### PREGNANT/LACTATING PATIENTS:

• If there is a sign or symptom (pain, lump, nipple discharge): order both an ultrasound and a mammogram.

# MAMMOGRAPHY ORDERING DECISION TREE

#### IF THE PATIENT HAS A BREAST RELATED PROBLEM:

Diagnostic Study
Palpable lesion/focal pain, Nipple discharge (reproducible, single duct, bloody, milky, green, or non-spontaneous)

Less than 30 years old: breast ultrasound only More than or equal to 30 years old

If mammogram > 6 months
< 12 months
order unilateral
mammogram and
ultrasound of affected side

If mammogram < 6 months order ultrasound of affected side

Radiologist findings and recommendations are sent to the provider to review and discuss with the patient

#### IF THE PATIENT DOES NOT HAVE A BREAST RELATED PROBLEM:

Screening Mammography (beginning at age 40) ± 3D Tomosynthesis

Negative

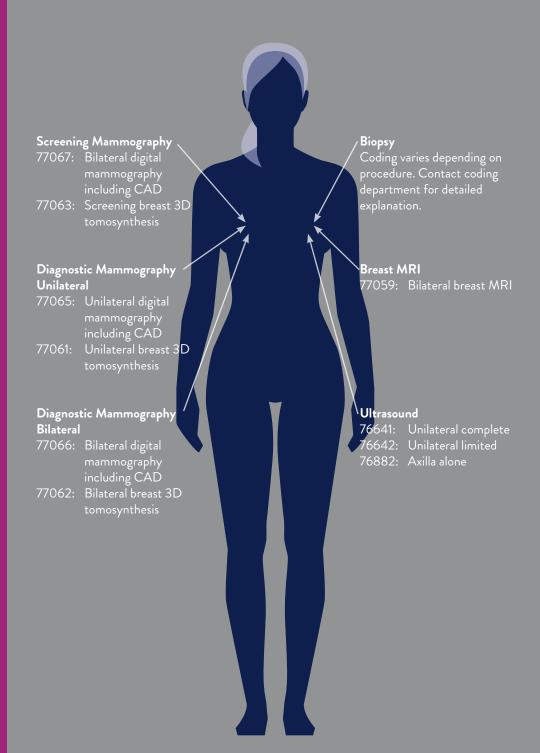
Additional imaging/views needed (call back) per radiologist recommendation: diagnostic order required

Annual screening mammogram

Diagnostic mammogram with breast ultrasound, per radiologist recommendation

Radiologist findings and recommendations are sent to the provider to review and discuss with the patient

# **CPT CODES FOR BREAST IMAGING**



# **BREAST IMAGING:** DIAGNOSTIC/CLINICAL SCENARIOS

SYMPTOMS/BODY PART	GUIDELINES	ORDER THE FOLLOWING	
Lump or focal pain	Women < 30	US only. If suspicious finding on US, perform mammography (CC and MLO).	
	Women >= 30	Mammogram (bilateral CC and MLO) and US.  If mammogram performed less than 6 months prior, order US of affected breast.  If mammogram performed less than 12 months prior, but more than 6 months order unilateral mammogram and US unilateral.	
Diffuse or cyclical pain (this is a benign symptom - if patient	Women < 30	Start with US. If suspicious finding on US, perform mammography.	
presents for imaging, the ordered study will be performed)	Women >= 30	Mammogram (bilateral CC and MLO). US performed at discretion of radiologist.  If mammogram performed less than 6 months prior, order US of affected breast.  If mammogram performed less than 12 months prior, but more than 6 months order unilateral mammogram and US unilateral.	
Nipple discharge	Women < 30	Targeted US. If suspicious finding on US, perform mammography (CC and MLO).	
	Women >= 30	Mammogram (bilateral CC and MLO) and US.     If mammogram performed less than 6 months prior, order US of affected breast.     If mammogram performed less than 12 months prior, but more than 6 months order unilateral mammogram and US unilateral	
Skin changes	Women < 30	Targeted US. If suspicious finding on US, perform mammography (CC and MLO).	
	Women >= 30	Mammogram (bilateral CC and MLO). US performed at discretion of radiologist.  If mammogram performed less than 6 months prior, order US of affected breast.  If mammogram performed less than 12 months prior, but more than 6 months order unilateral mammogram and US unilateral.	
Post lumpectomy	Annual bilateral diagnostic mammogram for 5 years. If first exam is ordered as a unilateral, subsequent exams will be bilateral.		
Post mastectomy	Screening mammog	ram annually on contralateral side.	
Pregnant/lactating patient (lump, pain, nipple discharge)	(CC and MLO). Sh mammography. Preg	n US. If malignancy suspected, perform mammogram ield patient. Have patient sign consent for gnant patients can undergo mammographic screening. sme for non-pregnant patients.	

#### **LACTATING PATIENT:**

• Patient asked to nurse/express prior to appointment.

#### MEN:

- Age < 20. Perform US. Add mammogram (CC and MLO) if necessary.
- $\bullet$  Age > 20. Mammogram with US of affected side (bilateral CC and MLO).

# **BREAST IMAGING:** HIGHER THAN AVERAGE RISK PATIENTS

SCENARIO	PROCEDURE
Patients at high lifetime risk (BRCA mutation, chest wall radiation, strong family	Begin annual screening mammography 10 years prior to diagnosis of nearest relative, but not before age 30.
history) for breast cancer (>20%)	Patients with chest wall radiation should begin annual screening mammography 8 years after radiation, but not before age 25.  Consider annual breast MR in addition to annual mammography.
Patients at intermediate risk (atypia on bx, previous breast cancer history) for breast cancer (15 - 20%)	Begin annual screening mammography at time of diagnosis (atypia, cancer), but not before 30.

# HOW EARLY SCREENING HELPED SAVE A PATIENT'S LIFE

Until recently, conventional wisdom and most doctors recommended that women start getting annual mammograms at age 50. If Jaci had heeded that advice, odds of her surviving beyond the next few years would have been as low as 20 percent. Instead, through early detection and the care she received at TRA, Jaci is looking forward to enjoying life alongside her new husband and family with a 95 percent chance of success.

To learn about early detection and view Jaci's full story, visit tranow.com/early-detection.





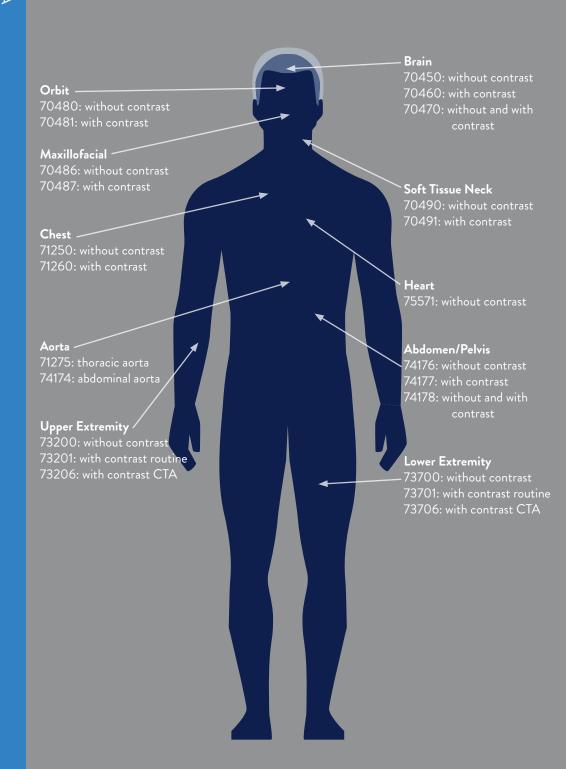
# LOW-DOSE CT LUNG CANCER SCREENING (LDCT)

Low-dose CT Lung Cancer Screening (LDCT) is a non-invasive procedure which evaluates the lungs for any signs of lung cancer. This screening tool is for individuals who have a high risk of developing lung cancer but no signs or symptoms of the disease.

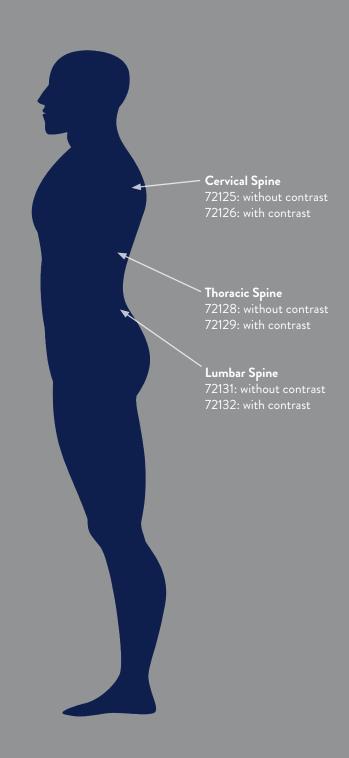
This quick CT scan of the lungs is designed to detect small nodules (possible cancers) that may be present but not yet visible on a standard chest x-ray. Recent research suggests that detection of these nodules at a very small size may dramatically improve likelihood of survival of lung cancer.

To learn about criteria, insurance, and more, visit tranow.com/LDCT.

# **CPT CODES FOR CT SCANS**



# **CPT CODES FOR CT SCANS**



# **CT:** BRAIN AND SPINE

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Brain/head	<ul> <li>Alzheimer's</li> <li>CVA</li> <li>Headache less than 7 days</li> <li>Hydrocephalus</li> <li>Memory loss, confusion</li> <li>Shunt check</li> <li>Stroke/bleed</li> <li>Trauma</li> </ul>	CT head/brain without contrast	70450
	Limited indications Headache Infection Mass/tumor Metastatic staging Seizures	CT head with and without contrast  *MRI preferred - order only if MRI contraindications	70460
Sinus / Face	Functional endoscopic sinus surgery     Sinusitis	CT sinus without contrast	70486
	• Mass	CT sinus with contrast	70487
Pituitary	MRI unless contraindicated	CT brain without and with contrast	70470
Temporal Bone/ IACs	Cholesteotoma     Trauma     Hearing loss	CT inner ears, temporal bones without contrast	70480
Spine: Cervical	Trauma, fracture, fusion Neck pain	CT cervical spine without contrast	72125
	Abscess or infection     MRI recommended for disc herniation, mets, infection	CT cervical spine with contrast	72126
Spine: Thoracic	Trauma, fracture, fusion Mid back pain	CT thoracic spine without contrast	72128
	Abscess or infection     MRI recommended for disc herniation, mets, infection	CT thoracic spine with contrast	72129
Spine: Lumbar/ Sacral	Trauma, fracture, fusion, Pars defect Low back pain	CT lumbar spine without contrast	72131
	Abscess or infection     MRI recommended for disc herniation, mets, infection	CT lumbar spine with contrast	72132

# **CT:** HEAD AND NECK

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Orbit	Foreign body     Fracture     Trauma	CT orbit without contrast	70480
	<ul><li>Cellulitis</li><li>Exophthalmos</li><li>Graves' disease</li><li>Mass</li><li>Pain</li><li>Pseudotumor</li></ul>	CT orbit with contrast	70481
Neck	<ul><li>Cancer surveillance</li><li>Dysphagia</li><li>Infection</li><li>Lymphadenopathy</li><li>Mass</li></ul>	CT neck with contrast	70491

# **CTA:** HEAD AND NECK

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Brain	Aneurysm     Arteriovenous malformation     Bruit     CVA     Stroke     TIA     Vascular tumor     Tinnitus	CTA head/brain (reconstruction)	70496
Neck, Carotid Artery	Arteriovenous malformation     Bruit     Carotid stenosis     Vascular tumor	CTA neck	70498
	<ul><li>Vertebrobasilar insufficiency</li><li>CVA</li><li>Stroke</li><li>TIA</li></ul>	CTA head, neck *If both ordered, authorize both codes.	70498 70496

# CT: CHEST

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Chest	<ul><li>Lung nodules (follow-up)</li><li>Pneumonia</li><li>Abnormal chest x-ray</li></ul>	CT chest without contrast	71250
	<ul> <li>Cancer surveillance</li> <li>Pneumonia</li> <li>Dyspnea / Shortness of Breath</li> <li>Hemoptysis</li> <li>COPD</li> <li>Lung nodules &gt; 2cm</li> <li>Mediastinal masses</li> <li>Abnormal chest x-ray</li> </ul>	CT chest with contrast	71260
	Interstitial/fibrotic lung disease	CT chest without contrast, high resolution	71250
Lung Cancer Screening	LDCT Lung Cancer Screening – must meet lung cancer criteria for Medicare / Medicaid *please see page 19	CT Low Dose: Lung Cancer Screening	71250 G0297: Medicare

#### LUNG CANCER SCREENING DECISION TREE

#### ARE THEY ELIGIBLE?

1

During a shared decision making visit between the provider and patient, eligibility is discussed and documented. Provider then ensures patient meets the exam eligibility requirements.

#### **Eligibility Requirements**

- Must be 50 80\* years of age.
   \*Age range may vary by insurance carrier.
   Medicare Advantage, Medicare, and
   Medicaid plans only cover up to ages
   50-77.
- Asymptomatic with no signs or symptoms of lung disease.
- Have a tobacco smoking history of 20 pack-years\*\*
  - \*\*One pack-year = smoking one pack per day for one year; 1 pack = 20 cigarettes.
- Currently smoke or have quit within the past 15 years.
- Has not had a CT Chest or CTA Chest in the past 12 months for any reason.
- A written order for a Low-dose CT Lung Cancer Screening from a physician.
- Physician provided smoking cessation guidance.
- Evidence of shared decision-making with a physician.



If the patient does NOT qualify for the study per the eligibility requirements above, they cannot have the exam, even as self-pay. This would be exposing the patient to unnecessary radiation. CT Low Dose Lung Screening is a screening study, not a diagnostic study. If the patient is having new symptoms, they would need a Routine CT Chest so a complete diagnostic test can be done.

# Order CT Lung Screening

2

Send us a CT Lung Screening order and attest to the eligibility requirements; include shared decision making notes.

#### Schedule Exam

3

Our team verifies insurance eligibility and indications. We schedule an exam with the patient.





Eligibility not verified. Reasons stated to provider. \*Uninsured: financial assistance available.

# Patient

4

Exam
Patient
undergoes
the CT
Lung
Screening

#### Radiologist Reads the Exam

5

#### Reports Delivered

6

Findings and recommendations are sent to the provider to review and discuss with the patient.

#### **CT:** CARDIOVASCULAR

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Heart	Screening     Hyperlipidemia     Strong family history of coronary artery disease	CT Calcium score without contrast	75571
Thoracic Aorta	Thoracic aortic aneurysm / dilation Thoracic aortic dissection Chest pain	CTA chest with contrast	71275
Aorta	Aortic dissection     Thoracic / abdominal aortic stent graft     TAVR planning     Vasculitis / vasculopathy	CTA chest (aorta protocol)  CTA abdomen and pelvis (aorta protocol)  *If chest, abdomen, and pelvis, authorize both codes.	71275 74174
Abdominal Aorta	Abdominal aortic aneurysm     Mesenteric ischemia     Acute GI bleed     Post endograft or vascular surgery     Renal artery stenosis / hypertension     Splenic artery aneurysm	CTA abdomen and pelvis with contrast	74174
Abdomen / Pelvis and Lower Extremity Runoff	Peripheral artery disease     Claudication     Venous thromboembolism	CTA abdomen / pelvis and run off	75635
Chest - Pulmonary Arteries	Pulmonary embolism     Shortness of breath     Chest pain	CTA chest with contrast (PE protocol)	71275

#### CARDIAC CT FOR CALCIUM SCORING

CT Cardiac Calcium Scoring is a non-invasive procedure which evaluates the presence, location, and extent of calcified plaque in the coronary arteries. This quick CT scan of the chest is designed to detect Coronary Artery Disease (CAD) and to what extent. A low calcium score indicates little risk of heart attack. A high score can alert patients and medical providers of the need to initiate medication or further testing to address the presence of coronary artery disease.

To learn about criteria, insurance, and more, visit tranow.com/cardiac

# CT: ABDOMEN

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Abdomen	LIMITED INDICATION  • Upper abdominal pain  • Epigastric pain	CT abdomen with contrast *This exam should not be ordered for most causes of abdominal pain as it excludes the pelvis. If pelvis is included use code 74177.	74160 *74177
Abdomen: Adrenal	Adrenal mass	CT abdomen with and without contrast (adrenal protocol)  *If pelvis is included, use code 74178.	74170 *74178
Abdomen: Liver	MRI PREFERRED  • Liver mass  • HCC, hepatitis, cirrhosis  • Liver hemangioma	CT abdomen with and without contrast (liver protocol)  *If pelvis is included, use code	74170
Abdomen:	Pancreatitis	74178.	
Pancreas	Pancreatitis     Pancreatic mass (MRI Preferred)     Pseudocyst (MRI Preferred)	CT abdomen with and without contrast (pancreas protocol)	74170
		*If pelvis is included, use code 74178.	*74178
Abdomen: Renal	Renal mass (MRI preferred)     Any renal pathology	CT abdomen with and without contrast (renal protocol)	74170
	Note: In previously characterized renal masses, only a CT abdomen (74160) or CT abdomen/pelvis with contrast (74177) may be appropriate (without multiphase examination)	*If pelvis is included, use code 74178.	*74178

# **CT:** PELVIS

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Pelvis (soft tissue)	Cancer surveillance     Cysts	CT pelvis with contrast	72193
	Hernia     Infection     Mass / lymphadenopathy     Pain	*If abdomen is included use code 74177.	*74177
Pelvis (bone)	Fracture     Hip pain     Arthritis	CT pelvis without contrast	72192

# CT: ABDOMEN/PELVIS

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Abdomen / Pelvis	Most causes of abdominal pain     (including disorders of the bowel,     liver, gallbladder, pancreas, etc.)     Cancer staging     Appendicitis     Diarrhea     Diverticulitis     Epigastric pain	CT abdomen and pelvis with contrast	74177
	Renal stone     Pain	CT abdomen and pelvis without contrast	74176
Kidneys	Hematuria (microscopic or macroscopic) Follow up urothelial tumor Known bladder cancer, evaluate for upper tract disease	CT urogram/IVP- (CT abdomen and pelvis without and with contrast)	74178
Small Intestine (bowel)	Crohn's disease Small bowel related issues Abscess Bleeding sources Bowel obstruction Fistula Inflammation Tumor	CT enterography *Special patient oral contrast preparation.	74177
Colon	Failed colonoscopy     Patients taking blood thinners     who are not candidates for routine     colonoscopy     Screening	CT colonography with 3D rendering (virtual colonoscopy)	74263 (screening) 74261 (diagnostic)

# **CT:** MUSCULOSKELETAL

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Upper Extremities: Shoulder, Humerus, Elbow, Radius/Ulna, Wrist, Hand,	<ul><li>Pain</li><li>Fracture</li><li>Arthritis</li></ul>	CT without contrast upper extremity (mention part)	73200
Lower Extremities: Hip, Femur, Knee, Tibia/Fibula, Ankle, Foot	Pain Fracture Arthritis	CT without contrast lower extremity (mention part)	73700
Extremities	• Mass	CT with contrast: upper	73201
	Infection	CT with contrast: lower	73701

# **CTA:** EXTREMITIES

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Upper Extremity	<ul><li>Peripheral artery disease</li><li>Thoracic outlet syndrome</li><li>Venous thromboembolism</li></ul>	CTA upper extremity	73206
Lower Extremity	<ul><li>Peripheral artery disease</li><li>Arterial injury</li><li>Venous thromboembolism</li></ul>	CTA lower extremity	73706
Abdomen / Pelvis and Lower Extremity Runoff	Peripheral artery disease     Claudication     Venous thromboembolism	CTA abdomen / pelvis and run off	75635

#### **DEXA: BONE DENSITOMETRY**

CLINICAL INDICATIONS	PROCEDURE	CODE
DEXA with vertebral fracture assessment	DEXA + VFA	77085
Post menopause Early surgical menopause Long-term current use of other medication Long-term current use of steroid treatment Vertebral abnormalities Follow-up treatment for prevention / monitoring of osteoporosis	DEXA	77080 - hips, spine (axial skeleton) 77081 (appendicular skeleton)
Primary bone disease Long-term current use of other medications Chronic illness Inflammatory disease Malnutrition	DEXA (WB) (Pediatric Study)	76499
Vertebral fracture assessment	DEXA (VFA)	77086

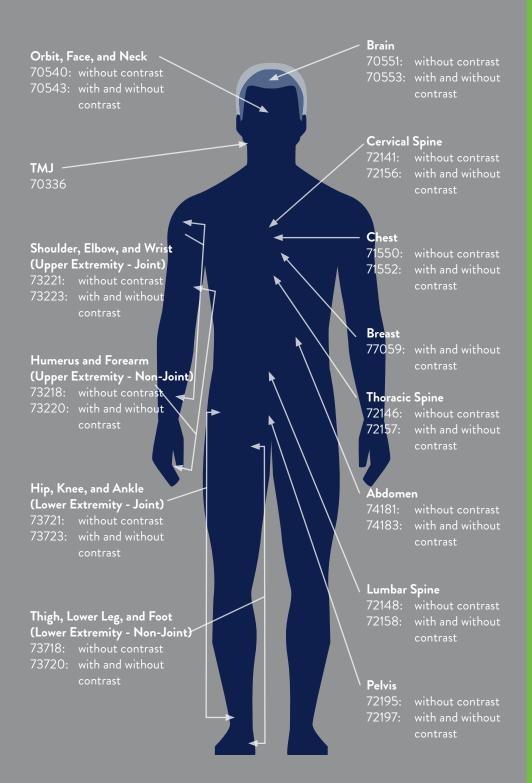
## The BodyLogic™ Scan

Did you know that select TRA and DINW locations offer BodyLogic, an advanced body composition analysis? This scan can serve as an additional tool in monitoring patients' weight loss and/or healthy lifestyle programs, and track progress in muscle development.

This comprehensive analysis can be self-referred by the patient or part of a weight management or healthy lifestyle package offered by your clinic.

For more information on pricing or how we can partner together to help patients achieve healthy, long-term weight loss or weight management, please visit tranow.com or dinw.com.

#### CPT CODES FOR MRI SCANS



## **MRI:** BRAIN

BODY PART	REASON FOR EXAM	PROCEDURE	CODE
Brain	Alzheimer's, confusion, dementia, hydrocephalus, memory loss, mental status changes     Headache	MRI brain without contrast	70551
	Pseudotumor     Seizures     Tumor/mass/cancer/mets     Vascular lesions     Demyelinating disease	MRI brain without and with contrast	70553
	Mass/tumor     Metabolic abnormality	MRI brain with spectroscopy without and with contrast	70553 76390
Cranial Nerve Series	Bell's palsy     Trigeminal neuralgia	MRI brain without and with contrast *Attention: cranial nerves.	70553
Ear (IAC) Brain	Hearing loss	MRI brain without and with contrast *Attention: IAC.	70553
Pituitary	Elevated prolactin     Mass	MRI brain without and with contrast *Attention: pituitary.	70553

# **MRI:** HEAD AND NECK

BODY PART	REASON FOR EXAM	PROCEDURE	CODE
Orbits/Face	<ul><li>Exophthalmos, proptosis</li><li>Graves' disease</li><li>Orbital mass/tumor</li><li>Facial tumor</li><li>Optic Neuritis</li></ul>	MRI brain and orbits without and with contrast	70543
Brachial Plexus	Brachial plexus injury     Nerve avulsion     Tumor/mass/cancer/mets	MRI chest without and with contrast *Per our radiologist protocol must have Cervical MRI 4 - 6 weeks prior	71552
Neck/Face: Soft Tissue	Infection     Pain     Tumor/mass/cancer/mets     Vocal cord paralysis     Horner's syndrome	MRI neck without and with contrast	70543

# **MRA:** BRAIN/NECK

<b>BODY PART</b>	REASON FOR EXAM	PROCEDURE	CODE
Arch/Great Vessels, Brain	• Stroke/CVA • TIA	MRI brain with and without contrast MRA brain without contrast	70553 70544
Neck	Vertebrobasilar     insufficiency	MRA neck with and without contrast	70548
MRV: Brain	Venous thrombosis	MRV without contrast	70544

# **MRI:** SPINE

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Spine: Cervical	<ul><li>Degenerative disease</li><li>Disc herniation</li><li>Neck pain</li><li>Arm/shoulder pain and/or weakness</li></ul>	MRI cervical spine without contrast	72141
	<ul> <li>Discitis/osteomyelitis</li> <li>Multiple sclerosis</li> <li>Myelopathy</li> <li>Syrinx</li> <li>Tumor/mass/cancer/mets</li> <li>Vascular lesions, arteriovenous malformation</li> </ul>	MRI cervical spine without and with contrast	72156
Spine: Thoracic	Back pain Degenerative disease Disc herniation Radiculopathy Trauma Compression fracture	MRI thoracic spine without contrast	72146
	<ul> <li>Discitis/osteomyelitis</li> <li>Multiple sclerosis</li> <li>Myelopathy</li> <li>Syrinx</li> <li>Tumor/mass/cancer/mets</li> <li>Vascular lesions, arteriovenous malformation</li> </ul>	MRI thoracic spine with and without contrast	72157
Spine: Lumbar	Back pain Degenerative disease Disc herniation Radiculopathy Compression fracture Sciatica Stenosis Trauma	MRI lumbar spine without contrast	72148
	Discitis/osteomyelitis     Post-op (if surgery in last 5 years)     Tumor/mass/cancer/mets	MRI lumbar spine with and without contrast	72158
Sacral Plexus	Sacral plexopathy     *Consider including Lumbar spine (both codes) if not evaluated in the past year	MRI pelvis with and without contrast (sacral plexus protocol)	72197

# **MRI:** CHEST

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Chest Mediastinum	Mediastinal mass     Chest wall mass	MRI chest without and with contrast	71552
Heart	Viability/myocardial infarction     Infiltrative cardiomyopathy	MRI cardiac without contrast	75557
	Cardiac mass     Valve anatomy/function	MRI cardiac without and with contrast	75561
Adult congenital heart disease     Pulmonary vein mapping for atrial     fibrillation	MRI cardiac for velocity flow mapping (in addition to one of the above exams)	75565	

# **MRA:** CHEST AND ABDOMEN

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Thoracic Aorta	Aortic aneurysm, aortic dissection     Pulmonary embolism	MRA Chest	71555
	• Atrial fibrillation	*If extending to abdomen, authorize both exams (MRA chest and MRA abdomen)	*74185
Abdominal Aorta	Abdominal aortic aneurysm (AAA)     Abdominal aorta dissection	MRA abdomen	74185
Abdominal and Lower Extremity Runoff	Claudication Peripheral arterial disease Pain in lower extremities Cellulitis/non-healing wound Lower extremity arterial embolism	Order/authorize 3 exams: • MRA abdomen • MRA pelvis • MRA bilateral lower extremities	74185 72198 73725RT/LT

# **MRI:** ABDOMEN

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Abdomen	<ul><li>Kidney mass</li><li>Adrenal mass</li><li>Pancreas mass</li><li>Liver mass or cancer</li></ul>	MRI abdomen without and with contrast	74183
Biliary Tree	Biliary stones (choledocholithiasis) Follow up pancreatic cyst (not initial evaluation, has previously been evaluated with contrast) Primarily intraductal papillary mucinous neoplasm (IPMN).	MRI abdomen without contrast *MRCP without contrast.	74181
	Evaluation of biliary tree pathology     Examples include: unexplained jaundice, cholestatic LFTs, elevated alkaline phosphatase or bilirubin     *In most cases, MRCP/Pancreas without and with contrast is preferred as subtle biliary tree abnormalities may not be evident without contrast.	MRCP/Pancreas without and with contrast	74183
Liver	Liver mass (HCC, liver mets, indeterminate liver lesions)	MRI abdomen without and with contrast (liver protocol)	74181
	Indeterminate liver lesion with differential diagnosis including focal nodular hyperplasia (FNH)     *Typically hepatic adenoma vs. mets vs. FNH.	MRI abdomen without and with contrast (liver protocol, Eovist)	74183

# **MRI:** ABDOMEN/PELVIS

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Small Bowel	Inflammatory bowel disease (Crohn's disease, ulcerative colitis) Small bowel carcinoid For initial evaluation, CT enterography may be more appropriate.	MRI enterography • MRI abdomen without and with contrast	74183
Urogram	Hematuria with contraindication to CT     Congenital abnormalities     *Evaluation with MRI is rarely done and only if CT cannot be performed or if specifically requested by the urologist or oncologist.	MRI abdomen without and with contrast  MRI pelvis without and with contrast  *Must include both codes.	74183 72197
Other	Malignancy staging with contraindication to CT (anaphylaxis to iodinated contrast) or in pediatric patient	MRI abdomen and pelvis without and with contrast (MRI abdomen and pelvis screening)	74183 72197

# **MRI:** PELVIS

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Bladder	Bladder cancer (initial evaluation or follow-up) with contraindication to CT     *Bladder cancer evaluation with MRI is rarely done and only if CT cannot be performed or if specifically requested by the urologist or oncologist.	MRI pelvis without and with contrast (bladder protocol)	72197
Female Pelvis: Uterus	Congenital uterine anomalies	MRI pelvis without contrast	72195
	Adenomyosis     Uterine lesion: leiomyomas/fibroids, leioyomyosarcoma, or endometrial lesion     Cervical lesion: cancer staging (protocol involves vaginal gel placement prior to imaging)	MRI pelvis without and with contrast	72197
Female Pelvis: Ovaries/ Adnexa	Ovarian and adnexal lesions (masses, large or complex cysts, etc.) Abscess Tumor/mass/cancer/mets Endometriosis	MRI pelvis without and with contrast	72197
Prostate	<ul> <li>Prostate cancer</li> <li>Elevated PSA</li> <li>*Direct to St. Joseph Or TG</li> <li>#: (253)-573-7320 Option #2</li> <li>FAX (253)-426-6610</li> </ul>	MRI pelvis without and with contrast	72197
Rectum	Rectal cancer staging	MRI pelvis without and with contrast	72197
Urethra	Urethral diverticulum Urinary frequency or urgency Urethral or periurethral mass Anterior vaginal wall lesions	MRI pelvis without and with contrast	72197

# MRI: MUSCULOSKELETAL

BODY PART	COMMON REASON FOR EXAM	PROCEDURE	CODE
Joints:  Hand  Wrist Elbow Shoulder Hip	Pain Decreased range of motion Internal derangement Fracture Muscle / tendon abnormality Cartilage abnormality	MRI joint without contrast:  • Upper extremity  • Lower extremity	73221 73721
<ul><li>Knee</li><li>Ankle</li><li>Foot</li><li>Forefoot</li></ul>	Infection     Inflammatory arthritis     Mass / lesion	MRI joint without and with contrast: • Upper extremity • Lower extremity	73223 73723
MRI Arthrography: • Wrist	Ligamentous tear     Labral tear	MRI joint with contra	st, order with 3
<ul><li> Elbow</li><li> Shoulder</li><li> Hip</li></ul>	Recurrent rotator cuff tear Post-op meniscal tear OCD	Upper extremity with contrast	73222
<ul><li>Knee</li><li>Ankle</li></ul>		Lower extremity with contrast	73722
		Body part: Shoulder Elbow Wrist Hip Knee Ankle	23350, 73040 24220, 73085 25246, 73115 27093, 73525 27369, 73580 27648, 73615
Non-Joints:     Scapula     Pectoralis     Upper arm	Pain Fracture Muscle / tendon abnormality	MRI – non joint without contrast: Upper extremity Lower extremity	73218 73718
<ul> <li>Forearm</li> <li>Thigh</li> <li>Lower Leg</li> <li>Humerus</li> <li>Femur</li> <li>Tibula/Fibula</li> <li>Foot</li> </ul>	Infection     Mass / lesion	MRI – non joint without and with contrast: • Upper extremity • Lower extremity	73220 73720
Pelvis/Sacrum	Pain Fracture Muscle / tendon abnormality	MRI pelvis without contrast	72195
	Infection     Mass/lesion	MRI pelvis with and without contrast	72197
SI Joints	Elevated inflammatory markers     Sacroilitiis     Infection	MRI pelvis without and with contrast (SI joint protocol)	72197
TMJ	Pain Clicking Disc abnormality	MRI TMJ without contrast	70336
Chest: • Sternoclavicular Joint	• Pain	MRI chest without contrast	71550
• Chest Wall	Mass / lesion     Infection	MRI chest with and without contrast	71552

## **PET/CT: GENERAL**

BODY PART	DIAGNOSIS	PROCEDURE	CODE
Skull Base to Mid-Thigh	All Other Diagnoses	PET/CT skull to mid-thigh	78815
Brain	Dementia/Alziehmers	PET/CT brain	78608
Vertex to Toes	<ul><li>Melanoma</li><li>Myeloma</li><li>Sarcoma</li><li>Merkel Cell Carcinoma</li><li>Cutaneous Lymphoma</li></ul>	PET/CT vertex to toes	78816

# **PET/CT: SPECIFIC CANCER**

BODY PART	DIAGNOSIS	PROCEDURE	CODE
Vertex to Mid-Thigh	Neuroendocrine Tumor	Dotatate PET/CT (Ga-68 or Cu-64)	78815
	<ul> <li>Initial Staging</li> <li>Recurrent prostate cancer</li> <li>Prior to Lu-177 PSMA</li> <li>Therapy</li> </ul>	PSMA/PSMA-11 PET/CT	78815
Vertex to Mid-Thigh	<ul> <li>Initial Staging</li> <li>Recurent ER-Positive breast cancer</li> <li>Patients must be off SERM and SERD therapies for a minimum of 8 weeks prior to Cerianna Imaging</li> </ul>	Cerianna/FES PET/CT	78815
Mid-Thigh to Vertex	Recurrent Prostate Cancer	Axumin PET/CT Prostate	78815

# **PET/CT: RADIONUCLIDE THERAPIES**

BODY PART	DIAGNOSIS	PROCEDURE	CODE
*		Lu-177 PSMA Therapy (Pluvicto)	Coming Soon

#### **IMAGING CONSULTATIONS**

#### 866-761-4200, option 1

- Available 24-hours a day
- Questions about results from a current patient exam?
- · Questions about which exam to order?

#### Sub-Specialized Radiology

- Neuroradiology
- Musculoskeletal Radiology
- Breast Imaging/Digital Mammography
- PET/CT and Nuclear Medicine exams
- Pediatric Radiology
- Cardiovascular and Thoracic Imaging
- · Interventional Radiology
- NeuroInterventional Radiology
- Abdominal and Pelvic Imaging
- Emergency Radiology



## **ULTRASOUND: GENERAL**

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Thyroid/Neck	Thyroid nodule  Abnormal thyroid function test  Palpable mass, head and neck  Lymphadenopathy	Ultrasound soft tissues of head and neck	76536
Abdomen	Abdominal, flank, and/or back pain     Hepatosplenomegaly     Jaundice	Ultrasound abdomen complete	76700
	<ul><li>Right upper quadrant pain</li><li>Gallstones</li><li>Abnormal liver function test</li><li>Liver lesion</li></ul>	Ultrasound abdomen limited (RUQ)	76705
Aorta	Abdominal aortic aneurysm symptomatic or follow up	Limited retroperitoneal OR see Ultrasound: vascular duplex aorta	76775
	Abdominal aortic aneurysm: screening	Ultrasound Medicare screening	76706
Appendix	• Right lower quadrant pain *CT is preferred in patients with a BMI >25 as ultrasound is unlikely to diagnostically assess the appendix in this patient population	Ultrasound abdomen limited	76705
Pelvis: Female	<ul><li>Pelvic pain</li><li>Pelvic masses</li><li>Abnormal bleeding</li><li>Dysmenorrhea</li></ul>	Ultrasound pelvis: transabdominal and/or transvaginal	76856 76830
Obstetric	First trimester pregnancy: dating and/ or viability     Bleeding/pain in first trimester	Ultrasound OB <14 weeks *Transvaginal as needed for visualization.	76801 *76817
	Anatomic survey	Ultrasound OB 18-22 weeks	76805
		Ultrasound OB: detailed anatomic survey high risk 18-22 weeks	76811
	Follow up fetal anatomy, placenta, or     AFI	Ultrasound limited OB follow up without growth	76815
		Ultrasound limited OB follow up with growth	76816
	Biophysical profile alone	Ultrasound limited *If growth needed, also order 76816.	76819
Bladder	Bladder mass/stone	Ultrasound bladder	76857
	Pre and post void     Urinating frequently	Ultrasound bladder	51798

#### **IUD VISUALIZATION**

When trying to visualize an IUD, please include "2-view abdominal x-ray at radiologist's discretion for IUD visualization" on Pelvic Ultrasound with TV order.

# **ULTRASOUND:** GENERAL

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Kidneys	<ul><li>Flank and/or back pain</li><li>Hematuria</li><li>Follow up of kidney and/or bladder pathology</li></ul>	Ultrasound renal	76770
Scrotum and contents	Scrotal pain, including but not limited to testicular trauma, ischemia/torsion, and infectious or inflammatory scrotal disease     Palpable scrotal or testicular mass	Ultrasound scrotum	76870
Hernia	Abdominal wall pain     Ventral hernia	Ultrasound abdomen limited	76705
	Inguinal or femoral hernia	Ultrasound pelvis limited	76857
Pediatric Hip	<ul> <li>Abnormal or equivocal findings of hip instability on physical examination of the hip</li> <li>Any family history of DDH</li> <li>Breech presentation at birth</li> <li>Neuromuscular conditions</li> <li>Monitoring infants with DDH</li> </ul>	Ultrasound hip	76885

# **ULTRASOUND:** VASCULAR

<b>BODY PART</b>	COMMON REASON FOR EXAM	PROCEDURE	CODE
Carotid	Amaurosis fugax     Arterial vascular disease     Ataxia     HTN     Hyperlipidemia     Stenosis     Stroke     TIA	Carotid duplex/Doppler	93880
Renal Artery	Renal artery stenosis     Uncontrolled HTN	Renal artery duplex/Doppler	93975
		Limited Retroperitoneal	76775
Abdominal: Hepatoportal Duplex - Liver	Portal HTN Portal venous thrombosis Liver transplant	Abdominal duplex/Doppler	93975
Dulex	• TIPS		93975
Abdominal: Mesenteric Duplex	Weight loss     Mesenteric ischemia     Pain	Abdomen Doppler	93975
Venous Upper and Lower	• DVT • Swelling	Venous duplex/Doppler *Specify upper or lower and	93971 unilat
Extremity	<ul><li>Pain</li><li>Redness</li><li>Varicose vein</li><li>Vein mapping</li></ul>	bilateral, right, or left with indication for each.	
Arterial Duplex Upper and Lower	PVD     Claudication	Arterial and venous duplex, extremity	93986 unilat
Extremity	Numbness     Tingling		93985 bilat
Aorta	· AAA	Duplex aorta	93978
	Atherosclerosis     Post-operative	Duplex aorta IVC iliac limited	93979

# X-RAY: GENERAL

BODY PART	VIEW	CODE
Abdomen	1 view supine	74018
	2 view supine/upright or DECUB	74019
	3 view min supine/upright/DECUB	74021
	2 view supine/upright or DECUB + 1 view CXR *acute abdomen series	74022
AC Joints	Always BILAT	73050
Ankle	3 view left	73610L
	3 view right	73610R
Bone Age	1 view left hand PA	77072
Bone Length	Leg length study, i.e. scanogram	77072
Bone Survey	For cancer, complete	77075
	For infant, < 12 months old	77076
Calcaneous	2 view left	73650L
	2 view right	73650R
Chest	2 view AP/LAT	71046
Clavicle	2 view left	73000L
	2 view right	73000R
C-Spine	2-3 view LAT/AP/OM	72040
	2-3 view FLEX/EXT only	72040
	4-5 view (specify view)	72050
	6 or more view complete	72052
Elbow	2 view min left	73070L
	2 view min right	73070R
	3 view min left	73080L
	3 view min right	73080R
Eye FB	2 view Caldwell/LAT	70030
Facial Bones	Complete	70150
Femur	2 or more views	73552
Finger	3 view left	73140L
	3 view right	73140R
Foot	3 view left	73630L
	3 view right	73630R
Forearm	2 view left	73090L
	2 view right	73090R

## X-RAY: GENERAL

BODY PART	VIEW	CODE
Hand	3 view left	73130L
	3 view right	73130R
	3 view BILAT	73130BILAT
Hip/Pelvis Combo	2-3 view hip UNI, may include pelvis	73502
	2 view hips BILAT, may include pelvis	73521
	3-4 view hips BILAT, may include pelvis	73522
	5 or more view hips BILAT, may include pelvis	73523
Humerus	2 view left	73060L
	2 view right	73060R
Knee	1-2 view left	73560L
	1-2 view right	73560R
	3 view left	73562L
	3 view right	73562R
	4 view left	73564L
	4 view right	73564R
Knee BILAT Combo	1 view BILAT AP standing	73565
	2 view BILAT	W73560B
	3 view BILAT	W73562B
	4 view BILAT combo, UNI	73564B
	4 or more views	73564
Lower Extremity: Infant	2 view left	73592L
(< 12 months old)	2 view right	73592R
L-Spine	2-3 view AP/LAT/SPOT	72100
	4-5 view min (specify view)	72110
	7 view complete	72114
	2-3 view bending FLEX/EXT	72120
Mastoids	3 view min complete	70130
Mandible	4 view min complete	70110C4
Nasal Bones	3 view min complete	70160
Neck Soft Tissue	2 view AP/LAT	70360
Orbits	4 view min complete	70200
Pelvis	1-2 view limited	72170
	2 view complete pelvis (for pediatric hips)	73521

## X-RAY: GENERAL

BODY PART	VIEW	CODE
Ribs	2 view UNI left or UNI right without chest	71100R
	3 view UNI left or UNI left + chest 3 view min	71101L
	3 view UNI right or UNI right + chest 3 view min	71101R
	3 view BILAT without chest	71110
	4 view BILAT or BILAT + chest 4 view min	71111
Sacrum/Coccyx	2 view min sacrum/coccyx AP/LAT	72220
Scapula	2 view min left	73030L
	2 view min right	73030R
SC Joints	3 view min PA both OBL	71130
Scoliosis	1 view (follow up scoliosis study)	72081
	2-3 view (first scoliosis study)	72082
Shoulder	2 view min left	73030L
	2 view min right	73030R
SI Joints	3 view min BILAT	72202
Sinus (ages 2-13 years)	1-2 view limited	70210
Sinus (ages 13 years and older)	3 view min complete	70220
Skull	1-3 view limited	70250
	4 view min complete	70260
Sternum	2 view min OBL/LAT	71120
Thoracic Spine	3 view AP/LAT/swimmers	72072
Thoracolumbar	2 view AP/LAT	72080
Tib/Fib	2 view left	73590L
	2 view right	73590R
TMJ	3 view BILAT	70330
Toe	2 view min left	73660L
	2 view min right	73660R
Upper Extremity: Infant	2 view min left	73092L
(< 12 months old)	2 view min right	73092R
Wrist	3 view min left	73110L
	3 view min right	73110R

# INTERVENTIONAL & NEUROINTERVENTIONAL RADIOLOGY

### INTERVENTIONAL AND NEUROINTERVENTIONAL RADIOLOGY

uses image guidance to perform minimally invasive vascular and non-vascular procedures. Compared to open surgeries, these types of interventional procedures generally are with less risk, pain, and cost, and typically have shorter recovery times. Vascular techniques include angiography, endovascular stenting, embolization and thrombolytic therapy. Non-vascular procedures include biopsies, drainage of abscesses/cysts, feeding tube placement, vertebroplasty, and radiofrequency ablation.

Interventional Radiology. Interventional Oncology further bridges the diagnosis and treatment of cancer by using diagnostic imaging techniques to perform targeted and precise treatment of benign and malignant tumors located in various organs of the body. Interventional Oncology treatments may be offered in combination with many oncologic therapies. Adopting a multidisciplinary approach, our physicians will work in close collaboration with referring providers to design the optimal treatment plan to help take care of these patients from the initial clinic consult through post-treatment care and re-staging.

TRA Endovascular and the Neurointerventional Surgery Clinic are located at TRA Tacoma – on Union. Our radiology providers see patients for pre- and post-procedure consultations, dressing changes, drain maintenance, and to address any questions or concerns they may have.

# RADIOLOGY HOTLINE >> 253-284-0841

One phone number to address all of your IR and NIR needs:

- Schedule a consult and/or procedure
- Call or text a question
- Discuss a case directly with a provider

### INTERVENTIONAL RADIOLOGY

### INTERVENTIONAL RADIOLOGY PROCEDURES

	Consult/Procedure Type	Consultation Pre-Procedure	TRA - IR Clinic
	Central Venous Catheter Placement	The Procedure	•
	PICC Line Placement		•
IV Access	Port Placement & Port Injection		•
Ä	Tunneled Central Catheter (TCC)		•
_	Tunneled Dialysis Access Catheter (permacath, TDAC)		•
	Abscess Drainage		•
44	Chest Tube Placement		•
e and gemen	Drainage Catheter Placement/ Exchange		•
Drainage and Tube Management	Gastrostomy and Gastrojejunostomy Placement/Maintenance/ Exchange/Removal		•
-	Pancreatic Pseudocyst Drainage		•
	PleurX Catheter Placement	•	•
ç	Paracentesis		•
Aspiration	Thoracentesis		•
rspir	Lumbar Puncture		•
<u> </u>	Joint Aspiration and Steroid Injection		•
i. ent	Arthrograms		•
ne 8 t, Pa gem	Celiac Plexus Block/Ablation	•	
Bone & Joint, Pain Management	Joint Aspiration and Steroid Injection		•
	Epidural and Facet Injections		•
Spinal Intervention	Vertebral Augmentation (vertebralplasty, kyphoplasty)	•	•
terv	Lumbar Puncture		•
inal In	Lumbar Selective Nerve Root Block		•
S <sub>q</sub>	Myelogram		•

	Consult/Procedure Type	Consultation Pre-Procedure	TRA - IR Clinic
	CT Guided Biopsy (Lung, Liver, Renal, Lymph Node, Bone, Bone Marrow)		•
rventic logy	Ultrasound Guided Biopsy (Thyroid, Liver, Renal, Lymph Node)		•
Biopsy, Interventional Oncology	Thermal Ablation / Cryoablation	•	
iops	Chemoembolization	•	
Ω	Radioembolization/Y90	•	
	HACE/TACE	•	
_w	Uterine Fibroid Embolization	•	•
Nomen's Health	Gonadal Vein Embolization	•	•
Å	Fallopian Tube Recanalization	•	•
	Hysterosalpingogram		•
	Arteriogram (Aortogram)	•	•
	Balloon Angioplasty and Stent- ing	•	•
	BRTO	•	
	IVC (inferior vena cava) Filter Placement	•	•
Arterial and Venous Intervention	IVC (inferior vena cava) Filter Removal	•	•
nd /	TIPS placement	•	
terial and Ver Intervention	TIPS (transjugular intrahepatic portalsystemic shunt) Revision		•
Ā	Venogram	•	•
	Varicose Vein Therapy (Laser vein ablation, sclerotherapy)	•	•
	Varicocele Embolization	•	•
	Adrenal Vein Sampling	•	

### **NEUROINTERVENTIONAL RADIOLOGY**

### **NEUROINTERVENTIONAL PROCEDURES**

Procedure	TRA - NIR Clinic	Consultation Required TRA - NIR Clinic	St. Joseph Hospital (Tacoma)	Tacoma General
Arteriovenous Malformation		•	•	•
Brain Aneurysm		•	•	•
Carotid Artery Stenosis		•	•	•
Carotid / Verteberal Dissection		•	•	•
Cerebral Angiogram	•	•	•	•
Dural Arteriovenous Fistula		•	•	•
Epistaxis		•	•	•
Intracranial Mass Embolization		•	•	•
Intracranial Stenosis		•	•	•
Vertebral Augmentation (vertebralplasty, kyphoplasty)	•	•	•	•
Middle Meningeal Artery	•	•	•	•
Petrosal Sinus Sampling		•	•	•
Spine Lesion / Mass		•	•	•
Subclavian Stenosis	•	•	•	•
Vertebral Stenosis		•	•	•
Consultations & Follow-up	•			

**Please note:** Both Interventional Radiology (IR) procedures and pre-procedure consultations that are offered at TRA's Interventional & Vascular Clinic in Tacoma are as indicated. Additionally, we offer a full array of IR services at both CHI Franciscan and MultiCare hospitals:

#### **CHI Franciscan**

- St. Anthony
- St. Clare
- St. Francis
- St. Anne (Highline)
- St. Joseph

### **MultiCare**

- Allenmore
- Good Samaritan
- Tacoma General



### **VEIN CARE SERVICES**

The TRA Endovascular offers a wide range of minimally invasive, outpatient procedures to treat vein and vascular issues. During a free consultation, one of our expert providers may suggest a particular procedure or treatment to address your specific concerns.

- Adhesive Venous Closure: uses medical adhesive to close the diseased vein, rerouting blood to nearby healthy veins.
- Ambulatory Phlebectomy: uses a hook to pull varicose veins out of the leg, resulting in immediate changes in associated symptoms like skin sores, leg swelling, bleeding, and blood clots.
- Radiofrequency Venous Ablation: uses radiofrequency energy to generate heat to close the diseased vein, which redirects blood flow to healthy veins, relieving symptoms.
- Cosmetic Sclerotherapy Injection: sclerosant is injected into the affected veins causing them to close and reabsorb back into the body.
- Ultrasound-Guided Sclerotherapy: uses a sclerosant to block blood flow, causing the veins to collapse and absorb back into the body's tissue.

For more information or to schedule a free consultation, please call 253-284-0841 or visit traendovascular.com.

### **UTERINE FIBROID EMBOLIZATION (UFE)**

### THE PROCEDURE

While sedated, a catheter is inserted into the femoral or radial artery guided by fluoroscopy. Tiny particles are injected into the vessels that supply blood to the fibroid(s), blocking the blood supply and shrinking the fibroid(s). Once blood flow to the fibroids is -blocked, patients can return home while the fibroids gradually shrink over the next weeks and months.

Uterine Fibroid Embolization (UFE) is a minimally invasive therapy that does not require surgery, offered as an outpatient procedure, decreasing recovery time.

#### THE RECOVERY

Following UFE, most patients are able to recover at home or following a short (<24 hour) stay in the hospital. Patients may experience flu-like symptoms (fever, chills, lethargy, etc.) for 3-5 days after the procedure. Medications for pain and nausea will be prescribed to use at home as needed.

It can take 1 - 3 months following the UFE procedure to notice a significant difference. Fibroids can continue to shrink 6-9 months or longer.

#### THE BEST CANDIDATES FOR UFE ARE WOMEN WHO:

- Have fibroids that are causing heavy bleeding
- · Have fibroids that are causing pain or pressing on other organs
- · Don't want to have a hysterectomy
- · Do not desire future pregnancy

### INSURANCE COVERAGE

Nearly all insurance companies, including Medicaid, will cover treatment of symptomatic fibroids. Our team will work with insurance companies to authorize coverage before the procedure is performed.

### CONTACT INFORMATION

At TRA Endovascular, we believe in a collaborative approach to treating patients. That means we are here to consult with you and your patients on effective, minimally invasive, cost effective treatment options.

TRA Endovascular is located within TRA Tacoma - on Union.

IR Consultation: (253)-680-3470

IR Scheduling Phone: (253)-284-0841

IR Scheduling Fax: (253)-284-0847

# A LESS INVASIVE WAY TO TREAT UTERINE FIBROIDS

# TRA ENDOVASCULAR - YOUR PARTNER IN TREATING UTERINE FIBROIDS

Many women will develop uterine fibroids in their lifetime. In fact, 75 - 80% of women will be diagnosed with fibroids at some point in their lives. Luckily, many women will experience little to no symptoms, but for those that do, it can be debilitating and embarrassing.

### Severe symptoms of fibroids include:

- · Pelvic pain or cramping that won't go away
- · Overly heavy, prolonged or painful periods
- · Spotting or bleeding between periods
- · Anemia
- · Feeling of needing to urinate frequently
- Constipation
- · Difficulty getting pregnant and/or problems with childbirth

### Treatment Options For Severe Uterine Fibroids:

- · Medication or birth control to relieve symptoms like heavy, irregular, or painful periods
- Uterine Fibroid Embolization
- Myomectomy
- Hysterectomy



### INSURANCE INFORMATION

# TRA MEDICAL IMAGING IS CONTRACTED WITH MOST INSURANCE PROVIDERS

Our referral coordinators assist you and your health care provider with insurance verification and prior-authorizations necessary for your exam.

TRA accepts all patients and bills all insurances. Your financial responsibility for your exam or procedure will depend on the type of insurance plan you have and the individual contract TRA Medical Imaging has with your insurance company. We urge you to contact your insurance provider for more information about your individual coverage.

TRA Medical Imaging Financial Counselors are available to discuss exam estimates, payment plans and financial assistance (if eligible). Contact a TRA Financial Counselor at 855-271-2416, option 1.

For a DINW Financial Counselor, call 253-680-3485.

### **QUESTIONS TO ASK YOUR INSURER**

- Is this exam covered by my insurance?
- If you have a deductible: Have I met my deductible already or will I be responsible for some or all of the cost for this exam?
- If you have co-insurance: What percentage of the exam fee will I be responsible for?

### If your exam is not covered by insurance:

- What does the exam cost if I am responsible for 100%?
- Are all fees, including the professional fees, technical fees and any facility charge included in this price?
- Am I eligible for any discounts?
- What if I pre-pay the entire amount or a portion of the amount of the exam?
- Am I eligible for community assistance, or financial assistance?
- Will I receive one or several bills for my exam?

### CONTRACTED INSURANCE PLANS

- AARP
- Aetna
- Aetna Whole Health ACO
- Ambetter of Washington
- AmeriGroup
- Appl Health Washington Medicaid
- · Cigna/Great West
- CHPW (Community Health Plan of WA)
- Coordinated Care
- · CoreChoice EPO, PPO
- Crime Victims WA
- Federal Blue Cross
- First Choice Health Network
- First Health/Coventry Commercial Plans
- Federal Blue Cross
- GEHA (through Aetna)
- Humana Medicare
- Kaiser PPO Plans
- Kaiser HMO & POS Plans
- · Key Health
- Labor and Industries (L & I)
- Medicare

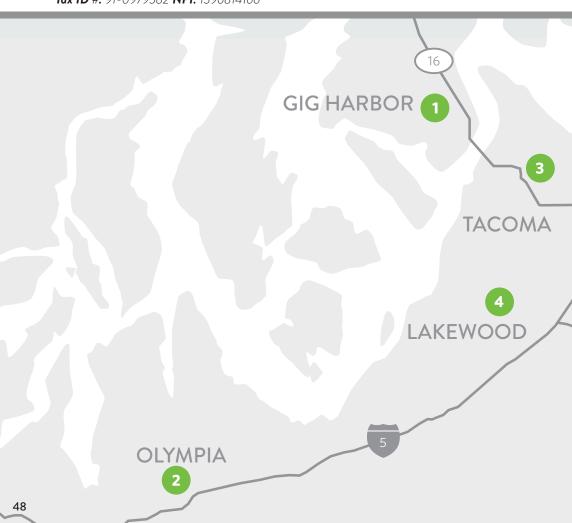
- Molina
- Molina Marketplace Commercial Plans
- Multiplan/ Beech Street/ PHCS
- NPN (Northwest Physicians Network)
- Premera
- Premera Medicare Advantage
- Providence Medicare Advantage
- Railroad Medicare
- Regence
- Regence HMO & PPO Medicare Advantage
- Sterling Medicare
- Three Rivers Network (TRPN)
- Tricare (HealthNet)
- TriWest
- United HealthCare
- United HealthCare Community Plans of WA
- UHC Medicare Plans
- US Family Health Plan (Pac Med)
- Veteran's Administration
- Willow Health

### **OUT PATIENT IMAGING LOCATIONS**

### TRA MEDICAL IMAGING LOCATIONS

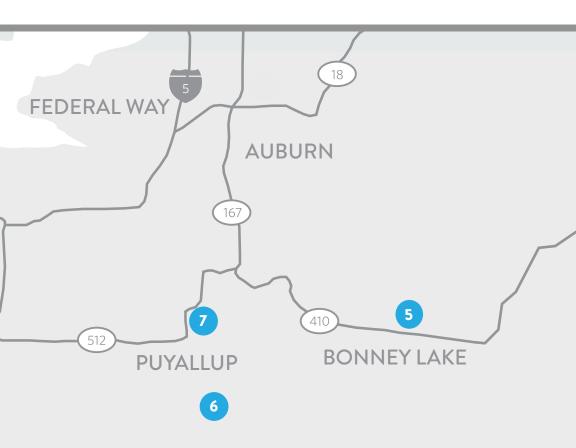
- TRA Gig Harbor
  4700 Pt Fosdick Dr NW Ste 110
  Gig Harbor WA 98335
  Tax ID #: 91-0979582 NPI: 1396814166
- TRA Olympia on Lilly
  500 Lilly Rd NE Ste 160
  Olympia WA 98506
  Tax ID #: 91-0979582 NPI: 1396814166
- TRA Tacoma on Union 2502 S Union Ave Tacoma WA 98405 Tax ID #: 91-0979582 NPI: 1396814166

TRA Lakewood
5919 100th St SW
Lakewood WA 98499
Tax ID #: 91-0979582 NPI: 1396814166



### DIAGNOSTIC IMAGING NORTHWEST LOCATIONS

- Bonney Lake Imaging Center 21110 SR 410 E Ste 110 Bonney Lake WA 98391 Tax ID #: 26-1166816 NPI: 1083802946
- Sunrise Imaging Center
  11212 Sunrise Blvd Ste 200
  Puyallup WA 98374
  Tax ID #: 26-1166816 NPI: 1083802946
- Puyallup Imaging Center
  222 15th Ave SE
  Puyallup WA 98372
  Tax ID #: 26-1166816 NPI: 1083802946



PROCEDURES AND	SERVIC	ES BY LOC	ATION
	TRA Medical Ima	ging	
	TRA Gig Harbor	TRA Olympia - on Lilly	TRA Tacoma - oi Union

**EXAM** 

CT

Biopsy (breast)

CT Angiography

Biopsy (CT/US/FL-guided) Bone Densitometry (DEXA)

Fluoroscopy (arthrography)

Hysterosalpingogram

Hysterosonogram

MRI Angiography

**MRI** 

MRI Breast MRI Cardiac\*

**MRITMJ** 

Consultations Open MRI

Ultrasound

X-ray (digital)

50

Therapeutic Injection

Ultrasound (breast)

Fluoroscopy (digestive, urology)

Interventional Radiology Procedures

Mammography (screening and diagnostic)

PET/CT (oncology, cardiac, and neurology)

VenaCure/VenaSeal (varicose vein therapy)

\*call TRA Lilly to special request at (360)-413-8383

\*MRI Cardiac: please refer patient to Tacoma General, St Josephs or UW

Mammography (screening only)

Neurointerventional Radiology

	DIAGNOSTIC I	MAGING NORTH	WEST	AFFILIATED CENTERS	
TRA Lakewood	Bonney Lake Imaging Center	Puyallup Imaging Center	Sunrise Imaging Center	Carol Milgard Breast Center	Union Avenue Open MRI
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## WE VALUE YOUR FEEDBACK

TRA Medical Imaging and Diagnostic Imaging Northwest strive for excellence in patient care and building strong relationships with our colleagues.

Please let us know how we are doing and how we can serve you better by completing a survey at tranow.com/provider-feedback or scan the QR code shown here.



# **NOTES**





tranow.com
dinw.com

**REVISED 02/2025**